

Sherwood Primary School NEWSLETTER

04/04/2025



Dear Parents, Carers and Children,

SHERWOOD DANCE

Congratulations to our team of 18 dancers. The children qualified for the Lancashire Dance Final as Winners of the Preston District Competition. On Wednesday, we opened the Lancashire Final in Blackpool with a bang!

Our AI tour guide, led our dancers through this year's Expo in Osaka, Japan - showcasing technological advancements and our ability to use technology to connect lives around the World. AI handed the future back to our young generation at the end of the dance - [a celebration of what we can continue to achieve together](#).

Our children danced a powerful and technical dance – winning the Judge's Choice Award from Jess Squires. Congratulations Sherwood, you raise the bar every year! Our celebration video is available [here](#).



SHERWOOD SPORT

Many congratulations to our children for their attendance and performance at the following Sporting fixtures: KS2 Boccia, Y5-6 Cross County, Y3-4 Girls' Football. Thank you for always modelling our values through sport.

CURRICULUM ENRICHMENT

The end of the Spring Term has been filled with a wealth of Curriculum enrichment including educational visits and visitors to the classroom. Please visit [our gallery](#) for all the news from across the Curriculum.

EASTER AT SHERWOOD

What an incredible Easter Eggshibition we've enjoyed this year. Thank you to everyone who has taken part. Please visit [our gallery for a selection of the children's creations](#). Thank you also to our parents who took part this year.

EASTER BINGO

Thank you to everyone who helped and attended PTA Easter Bingo yesterday evening – it was a great family evening.

Wishing Sherwood families a very Happy Easter. Have a wonderful, well-deserved rest from School. School reopens for the Summer Term on **Tuesday 22nd April 2025**. School drop-off and collection times return to normal next term.

Kind regards, Mrs J Lumb



EASTER EGGHIBITION

Well done to all of our entrants this year. We have loved your ideas and creativity (as always).

EYFS

1st- Noah Harlow and Aiden Harlow

2nd- Theo Sothern

Year 1

1st- Daniyal Javed 2nd - Victoria Park

Year 2

1st- Amaya Davis 2nd – Avery Kumar

Year 3

1st- Leo Atkinson 2nd- Betty Lambert

Year 4

1st – Thomas Thompson 2nd- Anoha Desai

Year 5

1st- Vedhika Lekshmi Ratheesh 2nd- Husainah Jamali

Year 6

1st- Hareem Muhammad 2nd- Amelie Foster

Parent Category- Isaac Chau's Parents



DINNER MONEY -SUMMER 1

The cost of school meals for Summer 1 is **£62.10**. Please make lunch payments via Parent Pay in advance and bring any arrears up to date. Thank you.

PHYSICAL EDUCATION IN SUMMER 1

Our children in Key stage 2 are invited to wear their PE kits on the following days in Summer 1:

Monday: Year 4

Tuesday: Year 5

Wednesday: Year 3

Friday: Year 6

SCHOOL CLOSURE FOR THE END OF SPRING TERM

School will close on Friday 4th April at:

Group 1: **3pm**

Group 2: **3.15pm**

Group 3: **3.30pm**

BASE closes at **6pm**

HAF PROVISION

Holiday Activities and Food (HAF) is a programme of free activities during the school holidays for eligible families.

Easter 2025

HAF vouchers for the Easter holiday have been sent to all eligible children.

They are sent to families by email or text from hello@holidayactivities.com.

Follow the link on the voucher to see a list of the clubs and activities in your district.

If you have a voucher, you can also access the [holiday activities link](#) to book a place.

SUMMER TERM UNIFORM

Next term, there is the option of Summer Uniform for children:

Summer Term Uniform (optional)

- Blue gingham dress *
- White polo shirts and short grey trousers

Socks and Tights

- Grey, black, Navy or White socks and tights.

* No gingham shorts or playsuits please

Sherwood Pupil Voice



Eid Mubarak!!!!

During Ramadan, Muslims must fast from dawn to sunset each day meaning they can only eat in the morning and at night. Eid al-Fitr is the first time Muslims can eat during daylight hours after fasting for the entirety of Ramadan.

Who started Eid?

According to the Muslim tradition, Prophet Mohammed, instituted the celebration of eight Alta according to the certain Haji this these festivals were initiated in Medina after migration of Prophet Muhammad from Mecca. Eid al-Fitr marks the ending of long fasting period for (non-exempt) Muslim adults. This celebration at the end of fasting allows Muslims to share their gratitude to Allah for giving them the strength to complete their fast. This is not just a fast of food and drink but of impure and unkind thoughts and actions too. Did you know Eid is celebrated by 1.8 billion people around the world? Wow! Eid al-Fitr is the festival of breaking the fast - it is one of the biggest celebrations in the Islamic calendar. Eid al-Fitr marks the end of Ramadan. Ramadan is a holy month when Muslim refuse food and drink between dawn and sunset. This is known as fasting. Eid al-Fitr is celebrated by Muslims worldwide because it marks the end of the month long dawn to dusk fasting of Ramadan.

Fun facts!

Eid al-Fitr has a particular salah that consists of two rakats generally performed in an open field or large hall. It may only be performed in congregation (jamā'at) and features six additional Takbirs (raising of the hands to the ears whilst reciting the Takbir, saying "Allāhu 'Akbar", meaning "God is the greatest"). In the Hanafi school of Sunni Islam, there are three Takbirs at the start of the first rakat and three just before rukū' in the second rakat. Other Sunni schools usually have 12 Takbirs, similarly split in groups of seven and five. In Shia Islam, the salat has six Takbirs in the first rakat at the end of Tilawa, before rukū', and five in the second. Eid al-Fitr begins at sunset on the night of the first sighting of the crescent moon. The night on which the moon is sighted is celebrated as Chand Raat in countries like Bangladesh. If the moon is not observed immediately after the 29th day of the previous lunar month (either because clouds block its view or because the western sky is still too bright when the moon sets), then the holiday is celebrated the following day. Eid al-Fitr is celebrated for one to three days, depending on the country. It is forbidden to fast on the Day of Eid, and a specific prayer is nominated for this day. As an obligatory act of charity, money is paid to the poor and the needy (zakat al-Fitr) before performing the 'Eid prayer.





Spotlight on a value- Aspiration

What does aspiration mean?

Aspiration means when you aspire to be something, and you persevere to do it. This means that if you look at someone and you really like the work that they do, then you will be inspired to become that individual by trying your best to achieve that. A strong desire to achieve something high or surprising.

Examples of aspiration:

If you really like what somebody has done, you may want to follow what they do and achieve goals to become like that person. People might see their mistakes as learning opportunities and work hard to become something. Learn from the examples of inspirational people from the past and present. If a child goes to school and they learn something new and inspirational, then they might use the knowledge for learning. If you give somebody inspiration, then it helps them with tasks and improves their knowledge. People such as authors and artists might inspire you to be something or to do something. Your friend might inspire you to do something or to be something because, for example, they might have made some artwork that you are very proud of and you might want to take inspiration from it and make it into something similar. This is because you enjoyed what they made and how it inspired you.



Sherwood's view of Aspiration

We asked lots of children across Sherwood – **What does Aspiration mean to you?**
Here is what they said:

- Aspiration is where you take knowledge from somewhere and then you use it for more knowledge in the future.
- Aspiration is where you have ambitions for something in the future that you really want to do.
- Aspiration is where you persevere and take inspiration what you've seen.

How Aspiration is demonstrated at Sherwood

We asked lots of children across Sherwood – **How do you demonstrate Aspiration?**
Here is what they said:

- We use it in Year 6 when we want to get the best grades we can in our SATs – this includes; revising, homework, and listening and contributing in class.
- We aspire to achieve in sports by taking part in different activities and joining clubs – we also work as a team.
- In certain areas of school, we use it to take on different leadership roles and responsibilities such as House captains, Reading Champions etc

The best pranks in history!

Defying gravity

This prank was out of this world. In 1996 Patrick Moore appeared on BBC radio 2 and announced that at 9:47 am if you jumped up at exactly the right moment you would float. Evidently this was a load of rubbish, but a lot of people fell for it!

The misleading Monk's apple trick.

One of the earliest documented pranks dates to the late 15th century, when Thomas Betson, a monk at England's Syon Abbey hollowed out the core of an apple *and inserted a large beetle, causing the fruit to rock back and forth. And that wasn't the only trick hidden up the monk's tunic: Betson was also a fan of making objects in the monastery levitate. Using a strand of fine hair and wax, he could suspend a hollow egg in midair.*

Amazing Pranks

Lemon juice in milk
Set clocks ahead
Rock in backpack
Kick me
Broken screen



Around the world

April Fools is not just celebrated by us but is celebrated all over the world. There are many other countries that celebrate this too. These are a few.

England

Our country is known for wit, playwrights, actors and authors. Though a rule is that jokes and pranks can only be played before noon when some have not realised that today is April Fools. Over the years, many broadcasters have managed to trick many across the nation. For example, the BBC reported a spaghetti crop in Switzerland and showed real Swiss workers pulling spaghetti out of it. Twenty years later, The Guardian put a seven page supplement in their newspaper about the fictional San Seriffe Republic in the Indian Ocean and over 100 people called the newspaper regarding the topic.

France

In France, children tend to stick paper fish on the back of strangers and shout "Poisson d'avril! Also in 2009 the SNCF railway hired the French Homer Simpson to do the announcements.

April Fools!



Why we have it and its history

April fool's day had Tudor origins. The first prank was pulled in 1510 when King Henry VII invited everyone to Greenwich Palace on April 1 to watch a rare performance of mermaids playing in the Thames River at dawn. The young King enjoyed a good laugh as a crowd amassed near the shoreline, when after a while, the people began to realise the king had played them for fools. There after, April 1 was known as April Fool's Day.

APRIL FOOLS! - you might have realised the story above isn't true at all. While King Henry VII did affect the course of history in big ways, he is not the origin of April Fool's Day- but it is possible he may have observed it.

April Fool's Day -occurring on April 1st each year-has been celebrated for several centuries by different cultures, though its exact reason remains a mystery. April Fool's Day traditions include playing hoaxes or practical jokes on others often yelling "April Fools" at the end to clue in the subject of April Fool's.

Some historians speculate that April Fool's Day dates back to 1582 when France switched from the Julian calendar to the Gregorian Calendar as called for by the Council of Trent in 1563. On the old Calendar, the new year began on April 1st but the new calendar started on January 1st.

News did not travel fast those days so not everyone got the word that the new year had changed to January 1st. They kept celebrating on April 1st and they were widely mocked as April fools.

The practice of telling April Fools jokes spread rapidly and has continued over the past 500 years or so. These jokes work best on people who haven't been paying attention to the Calendar. Playing a joke on someone, you want to get them early in the morning before they realise what day it is.



Knock, knock!
Who's there?
Bean.
Bean who?
Bean a long time
since spring was
here.

What do you call
cheese that's not
yours?
NACHO CHEESE!

What did
April Fools' Day
say after it won
an award?
Prank you.



SPOTLIGHT ON SPORT

History of running

As long as legs have existed, people have been running all over the place ! The first race ever recorded was in Italy called Palio del Drappo Verde ,first contested in 1208. Then in 1896 , the Greeks invented Marathons and Ancient Olympics . The first was a 26.2 mile race . The marathon is over 120 years old today .

CROSS COUNTRY

Cross country began in the early 1800's . A high school race is 3.1 miles . The average for a show or line race is 200-300 miles the purpose is keeping fit and developing stamina. It is classed as one of the hardest sports . Cross country is a sport in which teams and individuals run a race on open- air courses over natural terrain such as dirt or grass. The course , typically 3-12 km long , may include surfaces of grass and earth , pass through woodlands and open country, and include hills , flat ground and sometimes gravel road and minor obstacles.



WORLD RECORDS

40m - Usain Bolt ran a 4.22,
Half Marathon - Jacob Kiplimo 56:42,
75m Noah Lyles 9.784
Great North Run - Martin Mathathi 58:56
Park run- Nick Briggs 13:44
Junior Park run- Tom Rickards 6:49!

TOP TEN RUNNING TIPS

- 1 . Get supportive running shoes
- 2 . Decide when you'll run
3. Plan your route
4. Set achievable running goals
5. Always warm up and cool down
6. Alternate between walking and running if hard
7. Know your limits and pace yourself
8. Make time for reset and nutrition
- 9.Track your progress
10. Stay inspired



Faith KIPYEGON

Faith Chepngetich Kipyegon (born January 1934) is a Kenyan middle and long distance runner. Kipyegon is the current world record holder for the 1500 metres and mile, and the former world record holder for the 5000 metres. Kipyegon is the only 3 time Olympic Champion in the 1500 metres race, having won a gold medal at the 2016 Rio de Janeiro Olympics; 2020 Tokyo Olympics and the 2024 Paris Olympics. She also won a gold medal in the 1500 metres at the 2017, 2022 and 2023 World Athletics Championships; and in the 5000 metres in the 2023 World Athletics Championships. At the 2024 Paris Olympics, Kipyegon became the first athlete ever to win 3 consecutive gold medals in the 1500 metres women's race. She also set a new Olympic record. Kipyegon had, earlier on in the 2024 Paris Olympics earned a silver medal in the women's 5000 metre race, a race marked by controversy. There was pushing near the finish line and Kipyegon was disqualified! However, later on, after reviewing the footage, she was reinstated.

She married distance runner, Timothy Kitum in Eldoret, Kenya, 2016. Then in 2018 she had her first and only child. She races and wins barefoot in most of her races which is rare for most racers in the Olympics. She has competed in over 40 races in all of her career, impressive!



Usain BOLT

Usain St. Leo Bolt (born 21 August 1986) is a Jamaican retired sprinter who is widely considered to be the greatest sprinter of all time. He is an eight-time Olympic gold medallist and the world record holder in the 100 metres, 200 metres and 400 metres relay

Bolt is the only sprinter to win Olympic 100m and 200m titles at three consecutive Olympics (2008, 2012, and 2016). He also won two 4 × 100 relay gold medals. He gained worldwide fame for his double sprint victory in world record times at the 2008 Beijing Olympics, which made him the first person to hold both records since fully automatic time became mandatory.

Did you know?

1. Broke world record wearing untied shoes
2. Cricket was his first choice of sport
3. Wants to play for Manchester United
4. He is a serial record breaker
5. He ate Chicken Nuggets before winning the Beijing Olympics.

He nearly didn't make it!

A hamstring injury in May ruined Bolt's chances of competing in the 2004 World Junior Championships, but he was still chosen for the Jamaican Olympic squad. Bolt headed to the 2004 Athens Olympics with confidence and a new record on his side.

