

Sherwood Primary School

Y3-4 Outdoor Adventurous Activity

Parent/Carer and Pupil Consultation

Autumn Term 2022



At Sherwood, we recognise our role in supporting all children to live healthy active lives. This is particularly true of primary school where the foundations of positive and enjoyable participation in regular physical activity should be established. This year, for the first time, we have introduced **Outdoor and Adventurous Activity Days** for pupils in Y3 and Y4. These days have been fully funded using PE/Sports Premium Funding to provide our children with a broader experience of a range of sports and physical activities.

Our sincere thanks to our Parents/Carers and children for sharing their feedback of the Outdoor and Adventurous Activity Days at Borwick Hall in Autumn 2022. It is fantastic to receive such positive feedback on the visits and read the impact on our pupils' physical development and engagement.

Parent and Carer Feedback

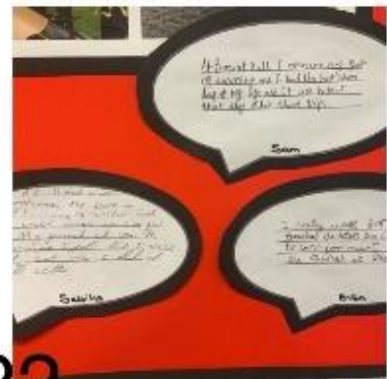
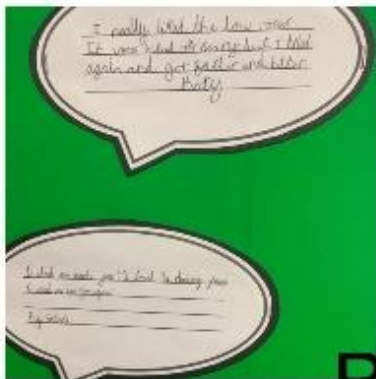
| Question | | Year 3 | | Year 4 | | Total | |
|--|-------------------|-----------|-------------|-----------|-------------|------------|-------------|
| | | | | | | | |
| Experiencing a difference environment and developing independence | Primary Benefit | 4 | 13% | 5 | 14% | 9 | 14% |
| | Secondary Benefit | 14 | 47% | 10 | 28% | 24 | 36% |
| | Total | 18 | 30% | 15 | 21% | 33 | 25% |
| Mental Health and Wellbeing - a break from the classroom routine | Primary Benefit | 4 | 13% | 4 | 11% | 8 | 12% |
| | Secondary Benefit | 6 | 20% | 8 | 22% | 14 | 21% |
| | Total | 10 | 17% | 12 | 17% | 22 | 17% |
| New Emotional Challenges - developing resilience and having a go | Primary Benefit | 5 | 17% | 9 | 25% | 14 | 21% |
| | Secondary Benefit | 5 | 17% | 11 | 31% | 16 | 24% |
| | Total | 10 | 17% | 20 | 28% | 30 | 23% |
| New Physical Challenges - applying/learning physical skills within a new environment | Primary Benefit | 17 | 57% | 18 | 50% | 35 | 53% |
| | Secondary Benefit | 5 | 17% | 7 | 19% | 12 | 18% |
| | Total | 22 | 37% | 25 | 35% | 47 | 36% |
| | Primary Benefit | 30 | 100% | 36 | 100% | 66 | 100% |
| | Secondary Benefit | 30 | 100% | 36 | 100% | 66 | 100% |
| | Total | 60 | 100% | 72 | 100% | 132 | 100% |

Parent and Carer Comments

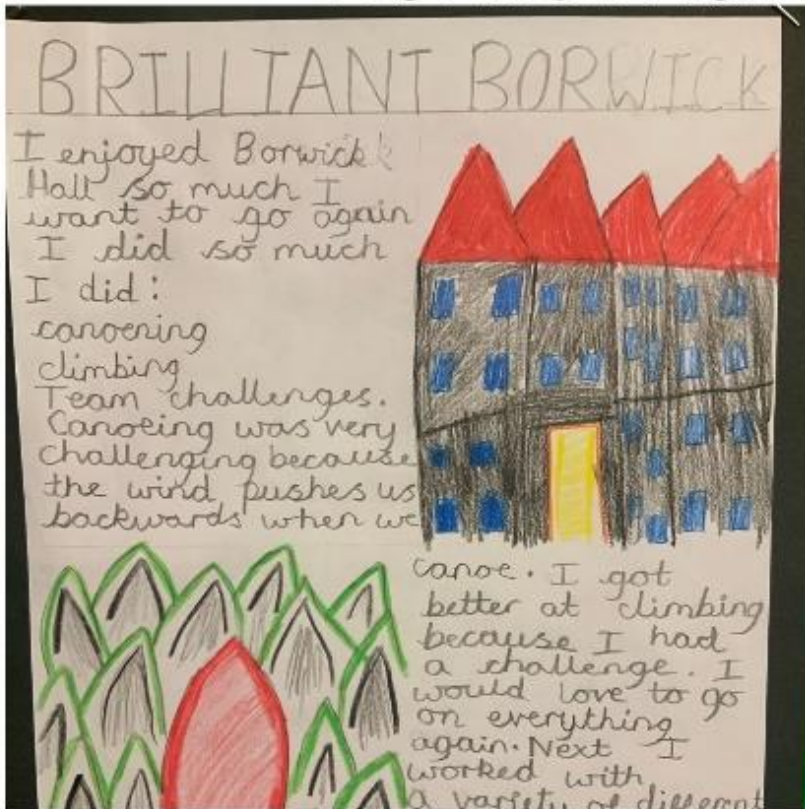
- I feel this trip was beneficial for developing confidence, resilience and a bit of independence.
- My son absolutely loved it. He has never been one to take risks and I believe he did!
- This trip really increased self-confidence in my kid.
- Such a fantastic trip with friends developing team building and independent challenges.
- She enjoyed it very much especially being part of a team
- Thoroughly enjoying outdoor learning experience
- The trip was thoroughly enjoyed by all the children. My daughter recognised the importance of working as part of a team for activities such as canoeing as well as the value in encouraging and reassuring friends and classmates to partake in specific activities such as caving and the zip-line.
- In her own words "it was the best day" trying different things and experiences. A great opportunity!
- The trip was fabulous and so worthwhile. My child was beaming coming back from the trip and was so excited to tell us all about it. It did her mental well-being the world of good being on an adventure outdoor day with her friends, and really boosted her confidence doing the activities from which she felt a sense of accomplishment and bravery. Thank you for putting it on for them. I would very much encourage more outings and trips for them!
- It was very enjoyable experience for the kids, definitely adventurous and a very exciting trip.
- It was also a good break from classroom routine. Thank you so much for a lovely day.
- My daughter had the best day and would love to do it all over again! She loves the outdoors and had a lot of fun!
- A wonderful opportunity to experience new challenges in a safe and secure environment. He was able to overcome obstacles and came home very excited to share his achievements.
- It was fantastic that this was organised at short notice, and at no cost to make it accessible to all. Great to catch up from lost experiences and learning due to the effects of Covid.
- Really enjoyed himself and has become confident in water. Trying new activities was a challenge but did not give up and tried his best. Well done!
- In addition to enjoying the benefits of the natural environment, outdoor activities create a space for teamwork, problem solving and communication skills. My son thoroughly enjoyed his visit to Borwick Hall.
- My daughter enjoyed participating in a different physical activity compared to those she does at school.

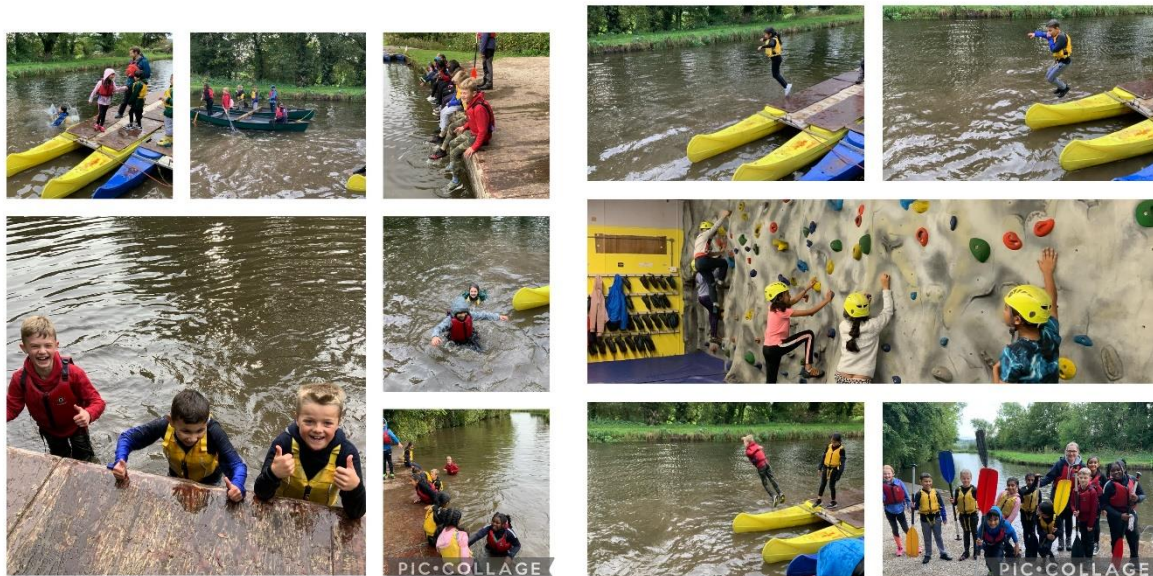
- My daughter thoroughly enjoyed the day out. It was a different school day that enabled the children to have different challenges and have fun with their friends.
- My son truly loved his experience. Thanks to everyone involved in arranging this.
- My daughter thoroughly enjoyed her trip to Borwick, I fed back at the time how she had independently told me that she thought she had come back a different person and when I asked her why she replied because it had forced her out of her comfort zone and she felt proud of herself - priceless really - thank you again
- To build him new confidence with new challenge.
- My son enjoyed the experience of new learning skill i.e. canoeing for first time. He enjoyed that whole experience and love to do this again.
- The trip was a fantastic experience for my daughter who was a little anxious about going but came back absolutely thrilled to have achieved so much. Thank you.
- It was a great way in to outward bound activities that they will hopefully be able to do more of in years 5 and 6, and hopefully would encourage the whole year group to participate! Very many thanks indeed
- My daughter thoroughly enjoyed the day out at Borwick hall! Especially the activities which involved being in the lake.
- I fully support this type of activity. Children learn so much and maths etc can be easily included but in a fun way in an exciting environment. Thanks to all involved
- I feel my daughter gained so much personal confidence from this one trip as she is not generally a sporty person at all but with this outdoor activity day she gave it all a go and did really well in them. There was a clear move in the self-confidence she has gained from it.
- My child was very enthusiastic about Borwick Hall, this was before and after. He attempted things he hadn't experienced before. It would be great for the children to experience more of these types of activities.
- My son really enjoyed this trip, he attempted activities which he has refused to do before and was very proud when he succeeded. I'm glad he had the opportunity to these activities with his peers.
- Even though we have chosen the above, we feel all are apt and the day would have been character building and good for bonding with peers.

Pupil Feedback



Borwick Hall 22





Borwick Hall was the best place I have ever been. I hope I can go again.

Alazadi

I really liked the low ropes. It was kind of scary but I liked again and got faster and better.

Katy

Borwick Hall 22

When I did not climb I was better with it. I got water and water was good. Water was nice. I was in my class.

Thomas



BRILLIANT BORWICK HALL!

At Borwick Hall I enjoyed doing the low ropes. I liked doing the low ropes because there was a zipline and I love ziplines. I found the climbing challenging because the ropes were at the top just my arms. When we were there I got better at climbing because it made me stronger. I would like to try the low ropes again because they were really fun and I like my partner. I did high with Alice and Miss Thorne and my team. After I got the high and the things I did.

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