SHERWOOD PRIMARY SCHOOL

3MW REMOTE LEARNING PLAN

Monday 4th October 2021



CORE LEARNING TASK FOR ENGLISH

This week the children will continue their work with biographies.

Today's task involves asking effective questions of a member of you family so that you can write a short biography about them later in the week.
Watch the following video about effective questioning:

https://www.youtube.com/watch?v= gjeTDH4XjU

Write a list of 5-10 questions (or more if you like!), that you think would help you to get a good idea of the key events that have happened in the life of your family member so far.

The following video will give you some top tips for what a good biography needs:

https://www.youtube.com/watch?v=IU HP3fdBQJw

Send in your responses to the assigned task on SeeSaw.

CORE LEARNING TASK FOR MATHEMATICS

This week we are learning to use a written method for addition. The children will be introduced to column addition and will make connections with the place value work they have already undertaken.

Please watch the following introduction and complete the assigned tasks on SeeSaw.

https://classroom.thenational.academ y/lessons/adding-two-3-digit-numbersregrouping-in-one-column-cmt64e

Column addition 356 + 126 =



| | 3 | 5 | 6 | |
|---|------------|----------|----------|--|
| + | · <u>1</u> | <u>2</u> | <u>6</u> | |
| | <u>3</u> | 7 | 2 | |
| | | 1 | | |

KEY VOCABULAR

Addition, subtraction, place value, equals, flexible, tuck, arch, extend, biography, open ended

WIDER CURRICULUM TASK

See below for the 'Feeling Flexible?' at home PE activity.

Watch the following video to introduce the task:

https://www.youtube.com/watch?v=J7ymsKE
gKtw



Time to Learn:

- · Layout five markers in a space around your area. These are your five flexibility circuit activities.
- Station 1: Perform ten extended tucks.
- Station 2: Perform ten roll and release.
- · Station 3: Perform ten lunges.
- · Station 4: Perform ten arches, holding each one for five seconds.
- Station 5: Perform ten extended leg raises.
- · How many times can you repeat the circuit?

Exercise for one minute at each station before moving to the next one.

Challenge other members of your family to complete the circuit with you.

Can you try

your hardest on each station and ensure

you do not give up?





Top Tips

Stretch Out!

Perform five

'repetitions' on

each station

instead of ten.

· By stretching this will improve our flexibility.

Flexibility is the elasticity of muscles when stretching and the ability to move joints through a full range of motion.

Let's Reflect

How do you think stretching will improve flexibility?

Why is being flexible important when playing sport?